

# *Eureka Natural Foods*

## *Eureka Menu*

### *MONDAY*

- \* Classic Pot Roast featuring Local Eel River Beef
- \* Beyond Beef Cottage Pie
- \* Organic Local Roasted Root Vegetables from Willow Creek Farms
- \* Cheesy Cauliflower and Romanesco Bake
- \* Organic Roasted Fingerling Potatoes
- \* Maple Pecan Bread Pudding

### *TUESDAY*

- \* Chicken Mole
- \* Vegetarian Black Bean and Corn Enchilada
- \* Vegan Tamales
- \* Spanish Rice
- \* Ranchero Beans made with Local Heirloom Beans from Earthly Edibles Farm
- \* Tres Leches Bread Pudding

### *WEDNESDAY*

- \* Moco Loco Loaf featuring Local Eel River Beef
- \* Teriyaki Tofu featuring Local Tofu from The Tofu Shop
- \* Organic Basmati Rice
- \* Brown Mushroom Gravy
- \* Pineapple Roasted Veggies
- \* Garlic Ginger Roasted Sweet Potatoes with Coconut Oil

### *THURSDAY*

- \* Chicken Piccata featuring Mary's Non-GMO Chicken
- \* Butternut Squash Ravioli with a Sage Cream Sauce
- \* Garlic Roasted Seasonal Vegetables
- \* Herbed Wild Rice
- \* Herb Roasted Potatoes From Wild Rose Farms
- \* Cranberry Orange Bread Pudding

### *FRIDAY*

- \* Holiday Pork Roast featuring Beeler's Pork
- \* Celebration Roast and Winter Vegetable Casserole
- \* Cranberry Wild Rice Pilaf
- \* Thyme and Sage Roasted Seasonal Vegetables
- \* Organic Roasted Red Potatoes from Wild Rose Farm
- \* Pumpkin Spice Bread Pudding

### *SATURDAY & SUNDAY*

- \* Chefs Special Choice