# Eureka Natural Foods McKinleyville Menu MONDAY

\* All Natural Chicken Marsala W/ Organic Crimini Mushrooms

\*Country Style Beeler's Pork Chops W/ White Country Gravy

\*Painted Hills BBQ Beef W/ Shamus T Bones Local BBQ sauce

\*Creamy Organic Mashed Potatoes

\*Homestyle Organic Macaroni & Cheese

## TUESIDAY

\* Pacific Pastured Homestyle Meatloaf

\*Vegan Roasted Portobello W/Wild Rice

\*Mary's Chicken Florentine W/ Creamy Alfredo Sauce

\*Organic Golden Baked Potato Bar W/ Pacific Pastures Beef Chili

\* Beeler's BBQ Pulled Pork W/ Pretzilla Pretzel Bun

# WEDNESDAY

\* Mary's All Natural Chicken Curry & Organic Vegetable Curry

\* Beef & Lamb Gyro Meatball W/Pitas

\*Falafel W/ Tatziki Pitas

\* Roasted Cauliflower Chimichuri \*Vegan Chili

### THURSDAY

\* All Natural Shredded Chicken Tacos

\* Seasoned Pacific Pastures Ground Beef Tacos

\* Organic Roasted Garnet Yam, Black Bean & Green Chili Vegan Enchiladas Green Chili & Chicken Enchiladas

\*Vegan Roasted Poblano & Black Bean GF Flautas

### FRIDAY

\*House Made Italian Sausage Lasagna

\* Organic Roasted Garlic Vegetable Lasagna

\* All Natural Chicken Parmesan

\* OrganicVegan Eggplant Parmesan

\* Niman Ranch Beef & Pork Bratwurst in Mad River Union Town Porter

\* Roasted Organic Delicata Squash

# SATURDAY & SUNDAY

\* Chefs Special Choice

Also Avaiable Home Made Pot Pies, Pork Chili Verde Burritos, Chile Colorado Shredded Beef Burritos

subject to availability.