

Eureka Natural Foods

Eureka Menu

MONDAY

- * Pomegranate Chicken with Mary's Non-GMO chicken
- * Coconut Curry Butternut Squash and Lentils with Spinach
 - * Locally made Vegan Samosas
 - * Garlic Naan
- * Organic Bombay Potatoes from Wild Rose Farms in Blue Lake
- * Organic Roasted Vegetables with Coconut and Turmeric

TUESDAY

- * Classic Beef Pot Roast made with Local Eel River Beef
 - * Vegan Cottage Pie made Beyond Beef
- * Organic Herb Roasted Golden Potato Wedges from Wild Rose Farms
 - * Organic Garlic Roasted Seasonal Vegetables
 - * Butternut Squash and Pecan Crumble
- * Home Made Cranberry Orange Bread Pudding

WEDNESDAY

- * Jerk Chicken made with Mary's Non-GMO chicken
 - * Jerk Tofu made with Local Tofu
 - * Organic Black Eyed Peas
 - * Home made Corn Bread
 - * Spiced Greens
- * Organic Sweet Potatoes Wedges

THURSDAY

- * Honey Citrus Chicken made with Mary's Non-GMO chicken
- * Sweet Chili Coconut Tofu made with Local Tofu
 - * Organic Fried Rice
- * Organic Seasonal Vegetable Stir Fry
 - * Organic Ginger Garlic Bok Choy
 - * Udon Noodles in a Hoisin Sauce

FRIDAY

- * Spiral Cut Ham featuring Beeler's Ham
 - * Vegan Celebration Roast
- * Organic Mashed Golden Potatoes from Wild Rose Farms in Blue Lake
 - * Organic Roasted Seasonal Vegetables
 - * Vegan Green Bean Casserole
- * Cheesy Cauliflower and Romanesco Bake

SATURDAY & SUNDAY

- * Chefs Special Choice

subject to availability.

