

Eureka Natural Foods

McKinleyville Menu

MONDAY

Build a Nacho Bar

- * House-made Queso - dairy and vegan options
- * Mary's all Natural Shredded Chicken
- * Rotation of Ground Beef, Chile Colorado, or Chile Verde with vegan options
- * Sauteed Peppers, Onions, Savory Rice and Beans
- * Warm Tortilla Chips or Tortillas

TUESDAY

- * Beef Burgundy with Organic Crimini Mushrooms in Brown Butter
- * Chicken Cordon Bleu
- * Savory Wild Rice Pilaf and Seasonal Vegetables from Willow Creek Farms
- * House-made chicken pot pies
- * Vegan chili mac
- * Roasted Local Organic Beets

WEDNESDAY

- * Build a Curry -Savory Vegetable Curry, Jasmine Rice and Vegetables
- * Mary's All Natural Chicken
- * Tofu Shop, Tofu with Crispy Garlic
- * Beeler's Brats and Beyond Beef brats
- * Bubbies All Natural Kraut
- * Pretzel Buns

THURSDAY

- * Beeler's All Natural Pork Ribs with a House-Made Sweet and Sour Sauce
- * Roasted Mary's All Natural Chicken
- * Roasted Garlic Potato Wedges
- * Sweet Organic Corn on the Cob
- * Sauteed Organic Green Beans with Garlic
- * Tofu Shop Smoked Tofu Sticks topped with a Savory BBQ Sauce

FRIDAY

- * Sweet and Savory All Natural Candied Pork Belly with fresh Garlic and Ginger
- * Katsu Style Chicken and Honey Siracha Wings
- * Egg Fried Rice and Vermacelli Rice Noodles tossed in an organic sesame oil
- * Organic Steamed Broccoli and Snap Peas
- * Bahn mi bar- Fresh Jalapenos, Pickled Onions, Cilantro, Thai Basil, Carrots, Cucumbers, Mung Bean Sprouts and Fresh Spring Mix tossed with Fresh Mint

SATURDAY & SUNDAY

- * Chefs Special Choice